

# Extra-Curricular Activities at GHS

When many people think of a selective high school, they usually think of a very 'nerdy' school but at Gosford it academic acceleration isn't the only benefit. In year 7 many people tend to stay away for extra activities because they want to settle in. It is a great idea to join other groups to meet people and make friends, while doing the activities you love. Most of the teams meet in school hours at lunch or recess because of the large number of people coming from places nearly an hour away.

Some extra curricular activities include but are not limited to;

**Band** - Band is an exciting thing at GHS offered to people who have never played an instrument before or just want to get back into playing an instrument. Most woodwind and brass instruments are welcome to band. There are 3 main bands concert band 2, concert band 1, premier band as well as 2 other bands chamber band which is woodwind instruments and jazz band which is brass instruments. Everyone is welcome and to get into this extra curricular you have to talk to Mr Kelly and Mrs Partridge.

**Debating** - This year the debating teams were great fun, even via zoom! There was one Year 7 team, a Year 8 team, a Year 9 team, a Year 10 team and two Year 11 teams. In the end, the year 7 team beat the Year 8 team in a tournament! This group will be offered for most likely year 8 and over next year but it is a great thing to practice if you want to be part of the team in 2022.

**Sporting teams** - All extracurricular sporting teams had to be cancelled this year. There is a junior and senior team for the sports usually but often only seniors are offered meaning you have to be every good at your sport because you would be versing Year 12 or that you can wait till you are a bit taller and stronger... In 2020, there were a few different sports that teams had been selected even though they couldn't go ahead: girls and boys soccer, cricket, tennis ect.

**Dance Group** - If you're into dancing like me then you will love dance group. This year has obviously been a different experience for dance group as well as other teams, but usually you will learn a few dances in different styles such as hip hop and contemporary to participate in Central Coast Dance Festival, YIPA and hopefully to compete against other schools in a dance eisteddfod (or a competition). Skill level doesn't matter for the dance group as you don't have to audition. Just remember that if you don't dance you might find it a bit challenging. Dance group doesn't take place in school hours. This year (2020) it was on wednesday 7:45 - 8:45 but don't forget it might not be the same time next year :).

These teams each have different joining processes ect. The way you find out about them is on the school notice board (near the office) or on the online platform, Sentral, which also gives you a copy of your timetable, your merit count, past school reports, ect when you log in (will be a normal education account). In 2020, due to COVID, many extracurricular activities had to be cancelled, so the teams listed are just a few of the ones that are offered in a normal, event free year.

