Blues News



Gosford High School & Community News

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Issue No 1: February 2017 – Term 1 6/02/2017

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Gosford High P&C News

Next P&C Meeting: Tuesday 7th February at 6:00 pm Common Room- Everyone welcome

PRINCIPAL'S NEWS

I would like to take this opportunity in presenting my inaugural report for the *Blues News* by stating how honoured I am to have been selected for appointment as Principal of Gosford High School. I come to Gosford having spent the last four years as Principal of Manly Campus, and prior to that being Deputy Principal at Pennant Hills High and Head Teacher Technological and Applied Studies at Normanhurst Boys High. I am very much looking forward to working with our students, staff and community to provide the very best of opportunities for students both within the classroom and with curriculum enrichment programs across the school.

My welcome to the school has been very hospitable. Both staff and students have been extremely warm in ensuring that I have felt accepted. I hope to quickly embrace the culture of this outstanding school and support the many and varied learning opportunities available for our students.

I am very much a believer that gifted students perform best when challenged by authentic learning in crosscurricular contexts. When students see the relevance of what they are learning and experience how it can be applied in various situations, their understanding is deep and significant. We have all heard for many years now the need for students to develop the so called 21st Century (I prefer contemporary) skills collaboration. critical and creative thinking. communication and creativity among many more. These were often referred to as the 'soft' skills necessary to be able to effectively work with others, design solutions for existing problems and be able to communicate these to a wider audience. Professor John Fischetti, Head of School of Education at the University of Newcastle, in his keynote to a recent conference for secondary school Principals, described these 'soft' skills as the 'new hard' skills that are essential for effective learning in our current and future environments.

In many ways, this message was reaffirming of the work that is being done by teachers in schools on a daily basis in moving our students to learn in so many enquiry based methods. I am looking forward to working with our students and staff such that these skills are cultivated to exceptional levels, and supporting students to develop into discerning global citizens as they move into their tertiary studies and beyond.

Zero Robotics Success

Congratulations to our Zero Robotics team comprising of current and former students for finishing in third place in this world-wide competition last week. The team, comprising of Aaron Maynard, Jeriah Russo, Luke Tuthill, Travis Valenti and Craig Smith, all from Year 12 2016 and James Wright, Matthew Lucock, Liam Golightly, John Sharples and Jaydon Tse from our current Year 12 cohort programmed robot SPHERES (Synchronised Position Hold Engage and Reorient Experimental Satellites) that are aboard the International Space Station. The goal was to build critical engineering skills for students such as problem solving, design thought process, operations training, and team work.

The 2016 Zero Robotics competition involved approximately 180 high school teams from 17 countries, with 20 Australian teams invited to participate. Congratulations to all students who participated in this event and special thanks to Mr Neal McFarlane for his support of the students throughout.

NCSS Summer School

Three Gosford HS students who attended the NCSS Summer School at Sydney University. Mitchell and James won the prize for most significant contribution (best coders) of the group project.

UNSW Women in Engineering Camp

In the recent school holidays, Emily Simpson of Year 11 was selected to attend the UNSW Women in Engineering Camp. Held over five days at the UNSW Kensington Campus, the camp allowed students to participate in hands-on workshops, exciting site visits and networking events with professional engineers.

This camp is always an amazing experience for the young women who attend and we hope that it inspires Emily to think further about the diverse and exciting careers available in science and engineering.

We pass on our congratulations to Emily and hope that it was a worthwhile experience for her.

Gosford RSL Max Potential

Our school will be represented by Year 11 students Jasper Webster and Emily Simpson in the 'Gosford RSL Max Potential 2017' program. This program offers a 22 week personal leadership and development course to assist students maximise their potential during their final years of school and beyond.

"Aside from the opportunity for accelerated personal growth through coaching, participants will be introduced to other young leaders and local leadership development services, which have the potential to support them ..."

We look forward to following Jasper and Emily through their journey in this program and wish them well for it.

Tony Rudd **Principal**



Coming Events

February 2017

Mon 6/2 School Photos Tues 7/2 Meet n Greet P&C Meeting

Mon 13/2 Year 7 Camp (13-15 Feb) Thur 16/2 School Swimming Carnival

March 2017

Wed 1/3
Wed 8/3
Year 11 Camp (1 – 3 March)
Year 12 Assessment Week (8-15 March)
Thur 9/3
Selective HS Placement Test
Zone Swimming Carnival
Year 7 Vaccinations
Year 10 TAS to Tasmania (13-18 March)

ADMINISTRATION

Payment options for 2017:

- Parent Online Payments (POP) can now be made securely through the school website <u>www.gosford-h.schools.nsw.edu.au</u>.
- 2. In person at the Administration Office by cash, card or cheque.

NB: We will no longer be accepting phone payments. The cash register will close after lunch every Friday and on the last day of each month.

Invoices for school fees, subject fees, excursions and competitions will be posted in the coming weeks.

ABSENCE FROM SCHOOL

Absence from school is notified using SMS on the day of the absence.

Parents are reminded that if your child is absent, a note must be provided immediately on return to school.

Absences for part of a day, including late to school, are also required to have a note of explanation submitted.

DEPUTY PRINCIPALS

Happy new year to our GHS community and I trust the festive season was wonderful for all of you. Every year seems to start with a bang and this year is no different. We welcome some new staff to GHS Mrs Caroline Scott our new HT English, Ms Chelsea Cole Mathematics, Ms Ellie Malone PDHPE and Ms Kathryn Brownlee LOTE. P&C annually run a meet and greet for new and existing families to join together with the School executive to informally meet. We hope you to see you there.

Congratulations are in order for our HSC cohort of 2016. We are incredibly proud of our alumni and some remarkable achievements are worth mentioning. Our top achiever Peter Sutherland received an ATAR score of 99.75 and was joined with Noah Perez 99.75. We also want to congratulate Tiana Young and Ysabel Preller on their St Andrews scholarship offers and their outstanding HSC results.

Welcome Year 7 students and families.

Congratulations are in order for all concerned as you transfer from primary school to high school. It is a time of great change and increased responsibility which can lead to stress and anxiety for some. Very soon parents will receive a letter and password to our parent portal on our web based communication tool. For those unfamiliar you can access your child's reports, attendance, daily notices and book parent teacher interviews (Term 2). We also send out an interim report for Year 7 students at the end of this term. In the early weeks of Term 1 we focus on students' orientation to our school context as well as introducing them to a diverse curriculum. The purpose of this report is essentially to let you know how your child is 'settling in' and to provide a brief overview of progress across the core subjects (English, Mathematics, Science, Geography and PDHPE). A full comprehensive report covering all subjects is issued at the conclusion of Term 2. This will help you to get a feel for how your child is travelling in their first year at high school. You can always make contact with the Year 7 Year Adviser, Head Teacher Welfare or counsellor if you have any concerns about anything, we are here to help.

Year 11

It has been a delight to see Year 11 in their new senior uniforms and spring in their step as they begin the journey of Stage 6. I have had the pleasure of seeing a great many of them as they tweak their patterns before the final changes to be made date of 11.2.2017. Year 11 assessment booklets will be distributed and explained at camp. An electronic pdf copy will be available on our website for future reference also. The booklets outline requirements and student responsibilities and include appendices with revised copies of important forms and documentation including Illness and Misadventure. Please note that if students take the day off school the day or morning before a task is due without a valid reason (including supporting documentation) that this may be deemed to give the student an unfair advantage and could be determined as malpractice. Copies of the booklets are also available on the school website and we urge you to review and discuss requirements and their responsibilities. A useful flowchart is included as a guide. It is good practice for students to note the dates of all assessments in their diary for the entire course. Please note Year 11 and 12 have their respective Assessment Weeks coming up soon and at the end of the term

Absence from school:

Electronic roll marking is done in every period by teachers in class. The Period 0 and Period 1 rolls then form our daily attendance roll. Students are expected to swipe on at the office if they are late to Period 0 or Period 1, and senior students must swipe on if they have flexible attendance and commence classes from Period 2 onwards. As you may be aware absence from school is currently notified using SMS on the school day if an explanation has not been received. Please provide a note to the office on the next day that your student returns to school.

Road Safety:

The school is currently working with Gosford Council to address issues on our neighbouring roads including parking, traffic and pedestrian congestion with the Hospital Redevelopment. As part of this cooperation with the council we have conducted a survey in home groups to determine travel arrangements to and from school this week.

As a reminder, we seek your assistance in regularly reminding your child that they must heed road rules and also follow the directions they have been given in relation to travel.

We regularly remind students that for their own safety they must:

Follow road rules at all times. In particular: cross at the lights, walk, obey traffic signals and use pavements. Do not walk on the road.

 When walking towards Gosford Station in the afternoon, students in Years 7-10 are to walk down Mann Street. They cross Showground Road at the lights outside the School, cross the railway bridge then cross Racecourse Road at the lights at Mann Street. Years 11 and 12 may walk down Showground Road to towards the Station but must keep to footpaths and not be on the road. Note: These restrictions have been put in place because

- the footpath in Showground Road is very narrow and, in some places, ill-formed due to the terrain. It is unsafe for significant numbers of students to be walking down Showground Road.
- On Wednesday afternoons, students who do not have an early leavers pass from Sport must wait in the IA Quadrangle until they are dismissed at 3.10 pm. They are not to leave the school and return to catch buses.

These procedures have been put in place to assist student safety, particularly when they are leaving the school in the afternoon.

Bus Safety:

Students who catch buses must always be wary and act safely at all times. Particularly when there are large numbers catching a bus it is essential that students are orderly and considerate of others. Often pavements are not sufficiently wide and students must be aware of other students and members of the public when this is the case.

Limited supervision is provided through the goodwill of staff in the afternoons, but a high level of student cooperation is required.

Please discuss these issues with your children if they catch a bus.

Dropping off/picking up students:

The Racecourse/Showground Road area is extremely busy, particularly at the start and end of the day. Road safety issues often arise. If you are dropping students at school or picking them up, please be mindful of pedestrians and other motorists. Unfortunately, the staff car park cannot be used for this purpose as it is also extremely busy with basically one way traffic at these times. It is most important that road rules, particularly around crossings are adhered to. Your cooperation this regard is greatly appreciated.

Gary Bennett

Deputy Principal Year 8, 10 and 12

Rebecca Cooper

Deputy Principal Year 7, 9 and 11

Year 11 and 12 DISABILITY PROVISIONS - NESA (BOSTES) UPDATE for 2017.

Disability provisions are granted to provide students who have disability needs with practical support in the Preliminary and the Higher School Certificate examinations. Students' disability needs may include learning, medical, vision or hearing difficulties.

Examples of provisions may include: Braille or large print papers, use of a writer and/or reader, use of an interpreter, extension of test time, rest breaks, separate exam supervision, individual supervision, and permission to take medication.

• "A new provision has been added for 2017.

Examiner aware - speaking or performance: for a student in a speaking or performance examination who may require accommodation where, for example, the student:

- has a stutter or is unable to maintain eye contact
- lip reads and needs to face the examiner
- is on the autism spectrum and may miss drama cues
- requires enlarged stimulus material where appropriate"

The following information is also provided in response to students with a diagnosed anxiety disorder seeking disability provisions.

"Students experiencing an anxiety disorder should seek appropriate treatment or therapy **prior** to applying for provisions to ensure they have adequate strategies to cope in an examination situation. Applications are likely to be declined unless the student has first undertaken treatment or therapy. If treatment has not adequately addressed the issues, only then should provisions be sought to assist the student in an examination situation."

Further information if required is available from the BOSTES website:

www.boardofstudies.nsw.edu.au/special ed/

CAREERS

Welcome to 2017

This year there will be two teachers working in Careers at Gosford High School: Megan Brady on Monday, Tuesday, Thursday and Friday; and Nicole Montgomery on Wednesdays.

"As a parent you have a key role to play in supporting your child with their career journey. You are generally the first point of call for career development information, advice and guidance for your child. Your attitude can have a powerful impact on your child's career development and how they manage their careers lifelong. Having a positive attitude, watching for activities your child is drawn to and seeing their careers as journeys are some of the ways in which you can support your child to prepare for their future and be adaptable to change." (www.education.vic.gov.au)

At GHS we provide a number of resources and tools to assist students and their parents to find the information they need to transition successfully through senior school into the world of tertiary study and/or work.

Firstly, if you use Facebook, please 'like' the Careers@GHS page to get great Careers, university, study, employment information specific to GHS students.

We also have subscriptions to 'Job Jump' and 'My High School Careers'.

- Job **Jump:** This platform provides fantastic information and tools; everything from HSC subject selection, resume help, exploring post-school study options and career exploration. Importantly, students and parents can register to have the Careers News they wish emailed directly to them on the careers that interest them. They can select as many careers as they want from the over 100 choices. They can also add school subjects that they like or are interested in taking. To register simply enter our password school name and the 'gosford'. https://www.jobjump.com.au/index
- MHS Careers: This website also has lots of excellent information, links and tools. Students and parents can register to receive up-to-date and comprehensive careers news. The Careers News is provided weekly during school term. It also has a comprehensive events calendar, so the students and parents can be proactive and organised to take advantage of wonderful HSC, university and employment opportunities and events.

<u>http://www.mhscareers.com</u> (Login: GHS Password: q2048)

Attached is also an Australian Government resource called 'Parents Talking Career Choices', which is a fantastic summary of the essentials all parents need to know.

https://docs.education.gov.au/system/files/doc/other/ed 140181_edu_parents_talking_career_choices_update_0 2_acc.pdf

Megan Brady
Careers Adviser

TAS

The TAS faculty has begun the year celebrating. Our Zero Robotics coding team achieved third place in the Sydney University international space station competition. Mr McFarlane and the TAS faculty are so proud of the collaborative problem solving efforts and their achievements.

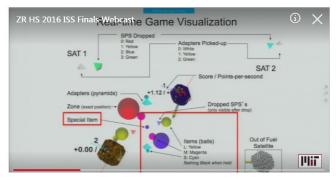




Welcome to Zero Robotics Live Webcast

The world's first robotics competition in spacel









We also celebrate our fantastic 2016 HSC results. We congratulate Laura Ghali from Food Technology who was ranked 8th place in the state; this is a most outstanding HSC achievement. I thank Mrs Cartland for her commitment to teaching course content with enormous passion.

We also congratulate Lakmali Edirisinghe who has won a major award in the University of Wollongong Year 9 STEM competition and will be awarded her prize on Friday 24th February 2017.

First term in TAS has begun enthusiastically for our design students and we are also are making final plans for the Year 10 excursion to TASmania.

Our technology students in Stage 4 have begun their design course and will be engaging with problem based scenario learning whilst applying contemporary technologies. Year 7 will apply the skills of an architect and industrial designer as they design a bungalow for an eco-resort. To add ambience to their design solution students will CAD draw and then laser cut a bamboo plywood lantern. Students studying Fitbit4Life will engage in and evaluate practical edible experiments to enable them to communicate their knowledge on macro nutrients in a visual presentation. Payment for a food technology apron costing ten dollars can be made at the school's front office. Students in 'coding concepts' will tackle the dimensions of UNITY applying their ideas to create a functional and professional online 3D game. The units of work are challenging and students create their own individual design solution applying their skills and knowledge.

Year 8 design students in Technology will apply their computer aided drawing skills in CREO, to design a USB case and then 3D print their original design - CREOparametric is a world class CAD software program utilised by Toyota, Nokia and Caterpillar and our students are fortunate to be able to access this high quality drawing program. Gastronomy students will problem solve to produce a website that demonstrates their new knowledge and skills for the many science reactions in selected recipes they will prepare. eTextile students well need to integrate a low voltage electrical system to a self-designed and decorated textile product. They will use conductive thread and LED lights to bring power and light to their creative textile work.

All technology subjects are project based and encourage independent and self-regulated learning through the design and problem solving process. Students produce a number of projects throughout the year and due dates are always closer than students think.

We also celebrate the faculty's outstanding 2016 HSC results. Forty percent of HSC students studying a Technology subject achieved a Band 6. In Engineering Studies there was a 40% class achievements in Band 6: Food Technology had a Band 6 achievement of 53% and Software Design & Development had 54% of the class achieve Band 6. Special mention must be made for Megan Watson who studied Textiles and Design by Open High school. Megan's practical project was chosen from all the candidates who sat the exam and this is a huge compliment for Megan. Megan's project and folio will be on display at the Stitches and Craft Show, held in early March at Rosehill Racecourse. Overall, wonderful HSC results and we look forward to working with our current Year 12 students. I would like to thank our team of experienced and dedicated Year 12 teachers who have again prepared HSC students well for the exam process.

Our Year 10 faculty excursion to Tasmania is in its final stages now. The final outstanding amount is now due on or before 11th February. We will hold weekly meetings after the school assembly outside the hall and all students must attend. Information about buses and flight details will be communicated and this will also be posted

on the school website. We are excited to be able to offer this excursion again and look forward to introducing our elective design students to salmon and ginseng farming, couture chocolate making, bridge and cantilever structures, exclusive Viking wooden boat making skills, Port Arthur history, Salamanca craft markets, Tasmanian devils, the fairy penguins of Tasmania and much more.

As a faculty, we said good bye to Mr Singh in late 2016 and we thank him for his contributions to engineering studies across his three years. We also wished Ms Torres well has she accepted a 12 month temporary position in western Sydney to be closer to family. Ms Hadley has joined our faculty for the next 12 months and we thank her for being able to teach enthusiastically and competently across all the contexts of TAS. Mr Bryant an experienced engineering teacher will assist the faculty first term. Looking forward to another rewarding year developing the design skills of our students and assisting them realise their design potential with authentic design projects.

Maxine Johnson Head Teacher TAS

LANGUAGES

2017 is the Year of the Rooster. People with this zodiac sign are said to have many positive qualities such as being honest, bright, communicative and ambitious. Most of them are born pretty or handsome, and prefer to dress up. In daily life, they seldom rely on others. However, they need to have enough faith and patience to persevere on a chosen goal. How well does this description apply to you?

There have been staffing changes in Languages with Ms Walls taking a position as Languages Support Officer at State Office. We welcome Ms Katherine Brownlee in her place. Ms Brownlee will be teaching French, Japanese and Society & Culture this year. Ms McLean has now retired and we wish her a very enjoyable retirement.

The results from the 2016 HSC were very pleasing with almost 90% of our Languages candidates achieving Bands 5 or 6.

Emily Davis has returned from Japan and Holly Jamieson from Germany after completing their exchange visits. If you are interested in becoming an exchange student, have a chat to these students to find out about their experiences. Also talk to the Languages staff about exchange programs. Even if you do not wish to go on exchange yourself, you may be interested in hosting a student from overseas.

Year 8 students have begun their Language studies. They have been asked to purchase activity books which accompany their language coursework. Parents were advised of this requirement last year when the students were making their language choice. The costs of the books are as follows:

Year 8 French Activity Book
Year 8 Japanese Activity Book
Year 8 Latin Course Book
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Students should pay at the office and take their receipts to their teacher in order to receive their books. We encourage all students to revise their class work and vocabulary for 10 minutes each day even if they have finished their homework tasks. This will help build and consolidate both knowledge of and confidence in using the language.

2017 is shaping up to be a very exciting year for Languages. During the summer holidays the classrooms were repainted (the first freshen-up since the Languages block was built in 1994). The classrooms are being redecorated and refurbished. In September, seven of our students will join the Terrigal High School study tour to Japan which is being co-ordinated by Ms Brownlee. Keep an eye out for information later in the year about a 2018 Japan Study Tour.

We hope everyone has a wonderful year. Au revoir; さようなら; valete! Tschuss!

Mrs Heinrich, Ms Brownlee and Mr Anthony

CAPA

As you may have heard the CAPA department are presenting The Wizard of Oz at the end of Term 1 this year.

We are currently sourcing props and costumes for the show and your help would be greatly appreciated. If you have any of the following items that could help us out a lot. We will, of course, return these items to you at the end of the show if you want them back. Also if anyone is available to help make costumes or props please do not hesitate to get in touch with Wendy Mortimer, head teacher CAPA.

wendy.mortimer@det.nsw.edu.au

- ▼ Literally anything green for the people of The Emerald City (especially glitzy green, sparkly green and sequined green) E.g. feather boas, waistcoats, glasses, skirts, hats, bow ties, bows, ties, dresses, scarfs etc.
- Floral dresses
- Suspenders/braces
- Bright coloured tops and shorts
- ▼ Tutus
- ♥ Dog, lion or monkey onesies.
- ▼ Red sparkly shoes
- ♥ Bubble machines
- ▼ A witch's broomstick
- A fake axe
- ♥ Old fashioned bicycle with basket
- ♥ Giant lollypop
- ▼ Toy baby chickens
- ▼ A tiara
- ♥ Floral crowns

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Banks Art Award:

The Banks Art Award was presented in November 2016 at Redsugar Art School, Hurstville. A selection of students, including Charmaine Liu, (Year 11 2016) of Gosford High School, was awarded a certificate for Excellence in Art. The award ceremony was presented by the Federal Member for Banks, David Coleman.



MUSIC - ENSEMBLES

Concert Band 2 - Year 7 students who have expressed an interest in joining the band will commence rehearsals on Friday 26/2. CB2 rehearses every Friday morning from 7:15 – 8:30am in the hall. Students will be invoiced \$165 for Semester 1 band fees at the end of Term 1.

Training band will commence in Week 5 and is open to any student who is interested in learning a band instrument. The lessons are held in music room 2 during lunchtime. Students will be notified of the starting date.

The **Chamber Ensemble** which comprises string & woodwind instruments rehearses every Monday lunchtime in music room 2. This is open to students from all years and of varying performance experience. There is no fee for this ensemble.

Vocal Ensemble will recommence on Friday 10th February during lunchtime in music 2. New members from all years are welcome.

For enquiries about instrumental ensembles contact Mrs Partridge.







Applications for the 2017 Aboriginal Dance Workshops now open.

2017 Arts Initiatives NSW Public Schools Aboriginal Dance Workshops

Aboriginal students from NSW Public Schools are invited to participate in these one day workshops run by the Department of Education in collaboration with the internationally renowned Bangarra Dance Theatre. These workshops are for both boys and girls from Year 7-12.

Students with exceptional talent and potential will be identified from these workshops to join the 2017 NSW Public Schools Aboriginal Dance Company.

In 2016, the Aboriginal Dance Company and Schools Spectacular Aboriginal Dance Ensemble performed to great acclaim at a range of high profile and televised events.

The cost for each full day workshop is \$27.50 per student including GST

All workshops will run from 9am - 2.30pm

To find out more information and to apply for workshops please use the following link:

https://www.artsunit.nsw.edu.au/eventsinitiatives/secondary-aboriginal-dance-workshops

Wendy Mortimer
Head Teacher CAPA

SPORT UPDATE

- The 89th annual Gosford High School swimming carnival will be held at Gosford Pool on Thursday 16th February - all students are expected to attend. Please read the attached information sheet regarding this day carefully. Kingsbury are the reigning champions – good luck to all swimmers!
- Gosford High enters many of the State Knockout competitions. Students should listen to announcements regarding selection for these teams as many competitions will commence over the next few weeks.
- Information regarding Sydney North Trials is regularly posted in the student news. Further information can be found at https://app.education.nsw.gov.au/sport/

Thank you for supporting the school sports program.

Jenny Walker and Adam Davidson **Sports Organisers**

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Gosford High School

Principal - Lynne Searle M.Ed Policy (Inter) B.Ed.Dip.Teaching

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www.gosfordhigh.com.au

February 2017

Dear Parents

SCHOOL SWIMMING CARNIVAL

The 89th Annual School Swimming Carnival will be held all day on Thursday 16th February 2017. Students are to make their own way to and from Gosford Swimming Pool. The carnival will commence at 9.15am and will finish at approximately 2:40pm in time to return to school for normal transport home. There will be a bus leaving GHS at 8:50am transporting students who are having difficulty in making their own way to the pool. The bus will return to school at 2.45pm.

NB: Students competing in the 200m Individual Medley and / or 50m Butterfly events will need to be at the pool by 7:50am.

Bus Cost: \$4.00 – to be paid as you get on the bus

• Student Pool Entry: \$4.50 – to be paid at the pool

(Please assist by bringing correct money)

The pool canteen will operate. Students are advised to wear appropriate clothing, preferably in house colours, including hats, sunscreen etc. Students are to compete in their respective house coloured swim caps. The school will provide swim caps however if students prefer to wear their own they can purchase them from most sports stores.

Kingsbury - Red O.S.U - Yellow Rowe - White Wheeler - Green

Students are asked to abide by pool management rules:

- 1. NO BOMBING, PUSHING IN
- 2. **WATER PISTOLS, WATER BOMBS** etc. not permitted
- 3. **NO BODY PAINT, FACIAL PAINTS, COLOURED ZINC, CREPE PAPER** allowed into pool
- 4. 25m pool and heated pool **out of bounds**.
- 5. All students must leave the pool at the end of the carnival.
- 6. No sitting on ropes.
- 7. No footballs

Wet weather arrangements will be made on 2GO/Sea FM/Star FM.

Parents are most welcome to attend and spectator pool entry is \$2.30

Yours in sport

Mrs Jenny Walker & Mr Adam Davidson **Sports Organisers**

CARNIVAL RULES

Identification: All swimmers must finish with a cap corresponding to their house colour. Return these to the box near the finish immediately after your race.

Age Division: The age you will turn **THIS** year.

Divisions: 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17+ in both girls and boys

Competitors Please Note:

- 1. One point will be awarded to the house for every competitor entering an event.
- 2. Competitors must report to the Marshal immediately an event is called.
- 3. STAY IN LANES UNTIL INSTRUCTED TO MOVE.
- 4. Return your cap immediately.
- 5. Swim in lane allocated.

Method of Starting:

The starters command will be:

- 1. Whistle blast, at which competitors step up on to the back of the blocks.
- 2. "Take your marks" all competitors move to the front of the block, take up your starting positions and remain stationary.
- 3. Starting signal.

Finishes:

For breastroke and butterfly, **BOTH** hands must touch together and in full view of the judges.

Protests:

Must be lodged with the Referee immediately after the conclusion of the race.

N.B. No finals - times from heats will determine final placings in all events. Swimmers must swim fastest times in their heats.

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ORDER OF EVENTS

Time	Eve N		Current Holder	Time	Year
8.00	1	50M BUTTERFLY (12yrs Boys 12yrs Girls 13yrs Boys 13yrs Girls 14yrs Boys 14yrs Girls 15yrs Boys 15yrs Girls 16yrs Girls 16yrs Boys 16yrs Girls 17yrs Boys 17yrs Girls	FINALS) Jim Walsh Shellie Wilkes Lachlan Blake Teigan Miller Lachlan Blake Odette Hodgson Lachlan Blake Teigan Miller Nicholas Duell-Fergusor Kristy Surridge Nicholas Duell-Fergusor Kristy Surridge	0.31.00	1969 2002 2014 2009 2015 2013 2016 2011 2015 1995 2016 1997
8.30	2	OPEN 200M INDIVI Open Boys Open Girls	DUAL MEDLEY Adam Taylor Kristy Surridge	2.23.87 2.38.50	2000 1997
9.15	3	50M FREESTYLE (I 12yrs Boys 12yrs Girls 13yrs Boys 13yrs Girls 14yrs Boys 14yrs Girls 15yrs Boys 15yrs Girls 16yrs Boys 16yrs Girls 17+yrs Boys 17+yrs Girls	Finals) Lloyd Rhodes Courtney Schell Lachlan Blake Savannah Wheeler Lachlan Blake Savannah Wheeler Lachlan Blake Savannah Wheeler Lachlan Blake Savannah Wheeler Nicholas Duell-Ferguso Lesley Twible Nicholas Duell-Ferguso Michelle Von Kotz	0.29.70	1965 2015 2014 2014 2015 2015 2016 2016 2015 1997 2016 1989

10.10 4 **50M BACKSTROKE** (Finals) 12yrs Boys Gareth Munton 0.37.41 2007 12vrs Girls Courtney Schell 0.36.21 2015 13yrs Boys Lachlan Blake 0.33.53 2014 13yrs Girls Courtney Schell 0.34.90 2016 14vrs Bovs Lachlan Blake 0.30.41 2015 14yrs Girls Lauren Hiens 0.34.60 1997 15yrs Boys Lachlan Blake 0.30.51 2016 15vrs Girls Lesley Twible 1996 0.34.60 16yrs Boys Nicholas Duell-Ferguson0.29.94 2015 16vrs Girls Kristy Surridge 0.34.20 1995 17+yrs Boys Nicholas Powell 0.29.82 2009 17+yrs Girls Kristy Surridge 0.32.50 1997 10.50 5 **100M FREESTYLE (Finals)** 12 yrs Boys Scott Youlton 1.10.40 2001 12 yrs Girls Christie Kwon 1.10.62 2013 13 yrs Boys Lachlan Blake 1.03.84 2014 13 yrs Girls Christie Kwon 01.07.47 2014 14 yrs Boys Lachlan Blake 0.58.95 2015 14 yrs Girls Christie Kwon 1.04.12 2015 15 yrs Boys Lachlan Blake 0.57.29 2016 15 yrs Girls Christie Kwon 1.05.07 2016 16 yrs Boys Martin Dempsey 0.57.90 1995 16 vrs Girls Kinga Pletikosic 1.04.50 1995 Adam Taylor 17+ yrs Boys 0.57.78 2000 17+ yrs Girls Michelle Von Kotz 1.02.60 1989

11.30 6 HOUSE WAR CRY COMPETITION

12.00 7 NOVELTY EVENTS: BODYBOARD RELAY

12.45 8 **50M BREASTROKE (Finals)**

Tan Kim	0.40.85	2015
Kate Andrews	0.41.10	1991
Tomas Elliott	0.36.03	2008
Kate Andrews	0.40.10	1992
Tomas Elliott	0.33.88	2009
Vanessa Andrews	0.38.04	2000
Tomas Elliott	0.33.43	2010
Vanessa Andrews	0.37.66	2001
Tomas Elliott	0.32.17	2011
Vanessa Andrews	0.38.00	2002
Matthew Eltham	0.31.87	2009
Tegan Foley	0.38.19	2012
	Kate Andrews Tomas Elliott Kate Andrews Tomas Elliott Vanessa Andrews Tomas Elliott Vanessa Andrews Tomas Elliott Vanessa Andrews Tomas Elliott Vanessa Andrews Matthew Eltham	Kate Andrews Tomas Elliott Tomas Elliott Tomas Elliott Tomas Elliott Tomas Elliott Vanessa Andrews Vanessa Andrews Vanessa Andrews Tomas Elliott Vanessa Andrews Tomas Elliott Vanessa Andrews Tomas Elliott Vanessa Andrews O.32.17 Vanessa Andrews Matthew Eltham O.31.87

11

1.30 9 **RELAYS 4 X 50M FREESTYLE**

ONE RELAY TEAM PER AGE GROUP

12 /13 yrs Boys	OSU	2.13.34	2001
12 / 13 yrs Girls	OSU	2.14.03	2009
14 yrs Boys	Kingsbury	2.08.20	2003
14 yrs Girls	Kingsbury	2.05.68	2015
15 yrs Boys	Wheeler	1.59.55	2009
15 yrs Girls	Kingsbury	2.03.04	2016
16 yrs Boys	Kingsbury	1.56.52	2011
16 yrs Girls	Wheeler	2.08.70	1993
17+ yrs Boys	Wheeler	1.52.40	2011
17+ yrs Girls	Kingsbury	2.06.50	2008

2.20 10 **PRESENTATIONS**

2.30 11 **FINISH**

<u>Pointscore</u>	1st	2nd	3rd	<u>4th</u>
Indiv. & House	8	6	4	2
Relays	16	12	8	4
War Cry	40	30	20	10

Students receive 1 point for their house for entry in each event. Open division does count in individual pointscore.



12

GOSFORD HIGH SCHOOL P&C

Cordially invites parents/careers to our

Annual "Meet 'n Greet" Evening

TUESDAY 7 FEBRUARY 2017

6.00 PM for 6.30 PM start

Staff Common Room Gosford High School Race Course Road

Gosford

(due to construction work entry is via the staff car park then up the stairs to the administration and right into the first corridor and right into the staff room)

Please RSVP for catering purposes by *Friday 3 January 2017*

To The School Office

By phone **4325 2048** or

email: gosford-h.school@det.nsw.edu.au



OFFICE OF THE CHILDREN'S eSAFETY COMMISSIONER -

NEWSLETTER ARTICLE

HELP FOR PARENTS TO KEEP THEIR CHILDREN SAFE ONLINE FROM THE OFFICE OF THE CHILDREN'S eSAFETY COMMISSIONER

The Commonwealth Government's Office of the Children's eSafety Commissioner has developed a resource for parents – iPARENT – which is designed to help parents learn how to be safe and secure with the connected devices in their children's lives.

iPARENT – found at https://www.esafety.gov.au/education-resources/iparent - provides facts and stats about Australian children online, managing technology in the home and strategies used by parents to keep children safe online.

A Parent's guide to online safety can be downloaded from the site and a range of useful information is available. For example parents can access information about cyberbullying including:

- how to talk to your child;
- · a parent's guide to responding to cyberbullying;
- · what to do if your child is being cyberbullied or cyberbullying others; and
- · sources of professional support and help.

Information is also available for parents about unwanted contact, inappropriate, offensive or illegal content and sexting.

You may like to check out the Office of the Children's e-Safety Commissioner's <u>eSafety Christmas Gift Guide</u>, if you are contemplating buying technology for your children this year.

The Department of Education also has a cyber safety resource for parents on its website – Raising Good Digital Citizens which is accessible at: http://www.schoolatoz.nsw.edu.au/en/technology/using-technology/raising-good-digital-citizens.

Check them out when you get the chance.



Important Information Regarding Opal Cards

1. For students entering year 11 at a New School

At the End of this year you will need to go online at www.transportnsw.info/school-students
And update your information to "New School". Print the 2 page document, sign and return to the Administration Office of your New School.

2. For students entering year 11 at a Current School

At the End of this year you will need to go online at www.transportnsw.info/school-students
And update your information to "Year 11". Print the 2 page document, sign and return to the Administration Office of your School.

3. For students entering year 7 at a New School

At the End of this year you will need to go online at www.transportnsw.info/school-students
And update your information to "New School". Print the 2 page document, sign and return to the Administration Office of your New School.

4. For students entering year 7 at Current School

At the End of this year you will need to go online at www.transportnsw.info/school-students
And update your information to "Year 7". Print the 2 page document, sign and return to the Administration Office of your School.

5. For students entering year 3

At the End of this year you will need to go online at www.transportnsw.info/school-students
And update your information to "Year 3". Print the 2 page document, sign and return to the School Administration Office.

6. For New Enrolments

For Students who don't have a school Opal Card or are Starting Kindergarten go online at www.transportnsw.info/school-students And apply for a School Travel Pass. Print the 2 page document, sign and return to the School Administration Office.

7. For students who have lost , Faulty or had their Opal Card Stolen

To replace Lost or Stolen Opal Cards go online at www.transportnsw.info/school-students

And apply for a replacement Opal Card.

NB: Students are required to pay a fare whilst waiting for delivery of new Opal Card.

Error Codes 93 & 85 - Card Not Valid, if your card shows any of these error codes the Opal Card needs Updating or Replacing Error Code 65 - Card not approved for this service, if your card shows this error code the Opal Card needs updating or replacing.

8. For students not eligible for free school travel

Log online at www.transportnsw.info/school-students and purchase a School Term Bus Pass.

9. Student Travel Eligibility

To be eligible for subsidised travel under the SSTS, school students must be:

- 1. An infant student; i.e. attending Kindergarten, Year 1 or Year 2 classes, irrespective of the distance from home to school; or
- a primary student (Year 3-6), and reside more than 1.6 kilometres (straight line distance) from the school attended, measured from the centre of
 the school site, or 2.3 kilometres or more by the most direct practicable walking route to the nearest point of physical entry to the school; or
- a secondary student (Year 7-12), and reside more than 2.0 kilometres (straight line distance) from the school attended, measured from the centre
 of the school site, or 2.9 kilometres or more by the most direct practicable walking route to the nearest point of physical entry to the school;
- Parents/guardians of students deemed ineligible by their school or local transport operator on straight line distance grounds may apply to TfNSW
 for a review of the determination on walking distance or pedestrian safety grounds.
- Should TfNSW, after carrying out the review, not approve subsidised travel and the applicant(s) considers that there are special circumstances, such as pedestrian safety and/or hardship issues associated with their case; they may appeal the TfNSW decision.
- 6. Appeals are heard by an independent SSTS Appeals Panel which considers each case on its individual merits.

For more information www.transportnsw.info/school-students