

WELCOME TO GHS

Newsletter 3: Uniforms, Diaries, Timetables & Bell Times

There are many things about high school that you may have never experienced before; like moving to different classrooms according to a bell, using a diary, reading a timetable, and of course the uniform at GHS is unique to any that you would have worn at primary school. But don't worry, your Transition team is here to help! We are happy to answer any questions you may have about the big AND small things at GHS.



Written by Kit

Our uniform consists of a blue blouse and skirt for the "girls uniform" and the "boys uniform" consists of a similar shirt and navy blue shorts. Coming from a private school, this uniform is extremely comfortable. You are allowed to wear your hair however you want and can wear any jewellery you want. I suggest getting a very comfortable pair of leather shoes like doc martens to wear to school as you have to walk around a lot during your school day.



Written by Blaire

Like at most schools, the way to recognize a student from GHS is by their uniform. At Gosford High, our uniform consists of a male and female formal uniform and a unisex sports uniform. Also available are jumpers, jackets, and vests for the colder months. In my opinion, the uniform is comfy and allows you to move freely. I also recommend buying some black or navy mini shorts to wear underneath the girl's formal uniform, this way you can sit down and run around without worrying about your privacy. These can be purchased for under \$5 at Kmart or Big-W. The colors of the junior uniform, the one you will be wearing are predominately sky and navy blue and can be easily recognized from far away. I hope you enjoy the uniform at GHS as much as I do!



Uniform Shop

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Here is the timetable that is mentioned in Akshat's paragraph

	Mon/Tues/Thurs/Fri	Wed A	Wed B Assembly
0	8:00 – 9:00	8:00 – 9:00	8:00 – 9:00
1	9:00 – 10:10	9:00 – 10:10	9:00 – 10:10
2	10:10 – 11:10	10:10 – 11:10	Assembly 10:10 – 10:45
Recess	11:10 – 11:30	11:10 – 11:30	10:45 – 11:05
3	11:30 – 12:30	11:30 – 12:30	11:05 – 12:05
4/L1	12:30 – 1:30	12:30 – 12:50	12:05 – 12:25
L1/L2	1:30 – 1:50	12:50 – 1:10	12:25 – 12:45
L2/4	1:50 – 2:10	1:10 – 2:10	12:45 – 1:45
5	2:10 – 3:10	2:10 – 3:10	1:45 – 2:45

The bell times at GHS are important to know to help organise your day

1	Maths Yr7 (7MAO) ROOM A15 WITH A HOGAN
2	Geography Yr7 (7GEOO) ROOM B2 WITH S CRAWFORD
R	
3	Visual Arts Yr7 (7VA4) ROOM AR1 WITH E ARUNDEL
4/L1	Visual Arts Yr7 (7VA4) ROOM AR1 WITH E ARUNDEL
L1/L2	
L2/4	
5	English Yr7 (7ENGT) ROOM MMC WITH N MONTGOMERY
6	

This is an example of a day's timetable on Sentral. You can log in using your first and last name, along with any numbers in your email and your password.

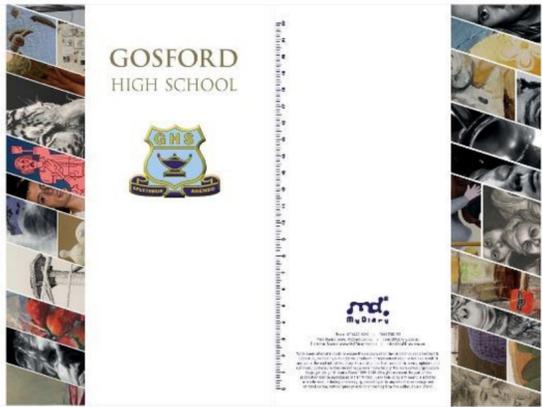


Written by Akshat

Timetables are quite necessary to understand when going to high school because they tell you what your day looks like and where you should be at certain times during the day! So next year, each of you will receive a timetable like shown next to this paragraph, with two sections, one for Week A and another for Week B - our school operates on a fortnightly timetable system and Week B has different classes at different times compared to Week A. Each of the small blocks indicates the periods you have during that day and each of those blocks contains a room, the teacher as well as the subject. Some handy information to note before I start explaining the timetable would be that in classes like TAS, Visual Arts (VA) as well as English you may be split up from what is known as your core class, which in my case is 7R. Now moving on, if we take Period 1 in Week A as an example, it has the following written on it, '7SCIR FOYA L4'. Breaking this down, in '7SCIR', notice how my core class (7R) has been split, '7' at the start and 'R' at the end. The middle of this weird letter-number combination is 'SCI', which indicates the subject, which as you may guess is Science. These middle three letters are the first 2-3 letters of a subject, for example, Visual Arts would be 'VA' and Math would be 'MA', while English would be 'ENG'. After the subject is the teacher - which in this case is 'FOYA' which takes into account the first three letters of a teacher's last name and the first letter of their first name. So 'FOYA' could be translated as Miss A Foy. Lastly comes the room, which is most easily understandable - in my case, it says L4 (laboratory 4) which is located near the B Block. Now that you have understood how the school timetable works, just remember that you don't need to have memorized this whole timetable, as it takes time - I am only just starting to remember mine in Term 4! There is also a timetable on Sentral and when you log in, it will tell you the full names of the subjects and teachers for your periods that day. I suggest that you screenshot that timetable and save it onto your phone, so even if you forget to bring your physical copy, you will still be able to look at your timetable. Good luck, you will soon get the hang of this! :)

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GHS Diary



Written by Vrishti

Bell times

At school, we have 5 different lessons along with a recess and lunch break. Recess is 20 minutes and lunch is 40 minutes. Each class is an hour-long except for the first period, where we have ten minutes extra. This allows the teacher to make the roll and read out any notices/announcements. We also have different classrooms which we have to walk to after each class and at the end of lunch and recess, it's important to leave 2 minutes before the bell rings for the end of recess and lunch so that you can reach class in time.

Diaries

Each student gets a GHS diary which comes with the bell times on a page inside. It also comes with places to write notes so that you can remember a teacher's email or write down what homework you have. In the diaries there is a clear slide which is useful as you can place your timetable in there and look at it when you need to. The diary also has information about the school such as the houses, uniforms and calendar.



Written by Adrian

At GHS we have our uniform shop on campus, in A block, next to the maths classrooms. Some of the ways you're able to purchase your uniforms are: booking a session to be able to try the uniforms on and discuss what you'll need for when you start at school or once you know your size you can order online at daylightsportswear.com/gosford/ and pick it up during the time that the uniform shop is open at school. I recommend you get your uniforms sooner rather than later because there will be more people waiting till just before the school year starts.



Written by Hannah

Your diary is one of the most important and helpful items that you will receive next year. Your diary should be brought to school each day as it allows you to organize everything that goes on both inside and outside of school. Writing what homework you have, when assessments are due, or what extracurricular activities you have in your diary is a great way to guide your week and help take off the stress of remembering what to do when. Not only is your diary a fantastic way to keep track of your week, but it is also full of helpful information such as bell times, merit systems, absentee notes, and headteachers. The diary is yours for the year so make sure to use it because trust me, it'll come in handy.

Good Luck!!

FROM THE 2022 TRANSITION TEAM